

# loft skin + beauty

## **PRIOR to your Spray Tan Treatment**

1. If you wax, do so at least 48 hours prior to your tan application.
2. If you shave, please do so the night before your tan application.
3. Use a loofah, mitt, or body scrub the night before your appointment to thoroughly exfoliate the skin prior to your tan appointment. If using a body scrub, ensure no oily residue is left on the skin if this is your final shower before your tan.
4. Avoid applying moisturisers, or lotions on the day of your appointment. These will act as an inhibitor to the tan and affect the final result.
5. Make sure you do not apply deodorant on the day of your spray tan.
6. If it's raining we suggest you bring an umbrella, and wear clothing that will cover your skin to prevent any water drops going on to your undeveloped spray tan.

## **POST Spray Tan Treatment**

1. Bring dark and loose clothing to wear after your tan.
2. Where possible, avoid wearing your bra after your tan until your first shower. This will protect rubbing in the shoulder area, especially if you are wearing a strapless dress to an upcoming event. Also jandals are great to avoid rubbing the tan off your feet.
3. No swimming, sweating, exercising or getting wet until you have showered within the recommended development time.
4. When you wash off your tan ensure you have a quick shower (30 seconds to 1 minute) and use your hands to wipe over your skin to make sure all initial bronzers are fully rinsed and the water runs clear.
5. We recommend a water only shower when doing your first rinse off ie. no shower gels, shampoos, conditioners.
6. Pat your skin dry post shower – do not rub.
7. In some cases you may feel like you have no tan once you have showered – please remember it takes this 24 hours to fully develop on the skin.
8. If you are sleeping overnight with your undeveloped tan, remember to sleep on dark sheets or our Tanzee bed sheet (in store + online) to avoid staining bedding.
9. Moisturise daily to preserve your tan for the longest time. We recommend using a gradual tan which we have available in store + online to keep the colour for longer.
10. Chlorine will shorten the length of your tan, so avoid swimming pools and spas following application.
11. Exfoliate only when you are ready to remove the tan.

If you have any questions, or experience any other side effects from the treatment not listed on this page, please contact us on 09 630 8208

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